# Broadcaster Glenview Community Church



February 18, 2009

#### A Pilgrim's Progress

The Lenten worship season of personal and collective introspection, confession, and renewed commitment to God begins February 25th, Ash Wednesday. Our Lenten worship services will center on the theme "Sins That Crucify." The word sin has a negative, nasty, jolting impact. We resist using it. We prefer synonyms like wrongdoing, mistake, or error. Our reaction to the word confirms the implication of the question posed by the title of Karl Menninger's book, "Whatever Became of Sin?" We prefer to ignore our sins.

First and foremost sin breaks our relationship with God. In the words of the Psalmist, "I have sinned against You—only against You" (Ps. 51:4). The basic meaning of the word sin as used in the Bible is missing the mark of what God intended. God intends for us to be truthful. When we lie, we miss the mark.

To say that sins crucify is a graphic, verbal portrayal of the destructiveness of sin. Stated in our vernacular we would say sins electrocute. Electrocution is one of the forms of current capital punishment.

Crucifixion was the Roman first-century method of capital punishment. The purpose was to sever permanently relationships between the accused criminal and all other people. The death of Jesus is the best known crucifixion, and his crucifixion has kept alive the meaning of this form of punishment as well as heightened the ugliness of the destruction of innocent human life.

Sin crucifies or electrocutes in the sense that sin severs relationship with God and destroys relationships between human beings. As human beings we are relational creatures by nature and by need. When our attitudes and actions sever relationships with God and others, they also destroy us.

I recall driving past what had been a service station that had a sign at its entrance that read, "Closed for Remodeling." The building, gas pumps, and pavement were gone, and a bulldozer set idle on the empty lot. To tear everything down and start over is an extreme form of remodeling.

Such destruction may be descriptive of what has happened in many of our lives as a result of the sins we have committed. We may feel that our sins have devastated our lives, torn everything down, and left us needing to begin again.

Every sin misses the mark of God's intention for us; therefore, every sin crucifies. To examine our sins closely, to be confronted by the crucifixions that our sins cause is spiritually and emotionally intense. We need time to be confronted by our sins and time to reflect on our need for God's grace that is greater than our sins.

When we sin, we cut off the circulation of God's grace flowing to us and through us to others. We cannot survive without God's grace. Without the grace of God we are the walking dead. When the flow of God's grace is restored, we are resurrected. We who were dead are raised to new life. That is Easter, and we can experience Easter any day. Easter tells us what God does with us when we place ourselves in God's hands. May we recognize this Lenten season that we are never beyond God's care and acceptance, may we place ourselves in God's hands by confessing our sins to God, and may we discover God's grace circulating through our lives. May we have a little Easter every day.

Looking to the season of Lent, As we journey, God says to us:

I am with you

I hold you

I call you

I know you

I care for you

I travel with you

I give myself to you

I am on this journey with you

I am God

And my steadfast love is with you always. Let us travel in peace. Amen.

#### SUNDAY SERVICES

#### February 22, 2009

8:30 a.m. *Bell Choir* 10:30 a.m. *Chancel Choir* 

#### **Scripture:**

Psalm 50:1-6; Mark 9:2-9

#### **Sermon:**

"Sense of the Sacred" Rev. Sally Iberg

## February 25, 2009 Morning Individual Communion and Prayers

6:00 a.m. - 9:00 a.m. (please enter at the West entrance)

## Evening Worship Service with Imposition of Ashes 7:30 p.m.

The Chapel will be open Monday through Friday during the Lenten season from noon until 6:00 p.m., beginning March 2. Come for quiet meditation and prayer

#### March 1, 2009

8:30 a.m. *Vocal/solo* 10:30 a.m. *Chancel Choir* 

#### **Scripture:**

Exodus 20:1-6, Matthew 6:24-34

#### **Sermon:**

"Anxiety and American Idols" Rev. Dr. Howard Roberts

#### **Lenten Theme**

Lent begins on February 25th, Ash Wednesday. The theme for our worship services this Lenten season is "Sins That Crucify." One of our members asked recently why we never use the word "sins" in the Lord's Prayer rather than debts. That is a good question. During the Lenten season we will substitute the word sins for debts and those who sin against us for debtors. This is another way to communicate the theme of the Lenten season.

#### Comments from Our New Members

After our latest New Member Orientation Class held on February 8, the following letter was received from Lisa Leger. Her observations may be helpful to others.

Howard, Pam and Sally,

I truly enjoyed this afternoon's new member orientation from 3-5p. It was quite informative. I've been trying to put my finger on what about the process this afternoon made me feel so good, and I finally figured it out.

The fact that all three GCC ministers were in attendance at this orientation meeting was impressive. It suggested to me (via the comfort level displayed with new members questions) that ALL questions will be addressed, and none are insignificant. I don't think I've seen all three of you in same room with common goals. There was mutual respect displayed in every word spoken throughout today's agenda.

The flow of the three of you playing "tag team" with new members and various committee representatives made me feel welcome and special. Comments and invitations to serve in the church were encouraging without feeling pressuring... that's a fine line walked gracefully. The presence of the committee chairs who spoke frankly about GCC and shared their personal journeys was comforting regarding participation that calls you individually. We share and get involved where we feel drawn.

Immediately prior to this meeting, I was questioning each member of my family regarding "why" we should be members. GCC has always been a "given" in our house that it's our church. We all were stumped, because we already have been attending and "belonged" for years.

But, making it official and making a commitment to the GCC body of Christ feels like a sacred bond is being made. A spiritual home to seek refuge, a place to question and grow, and fellowship that makes us belong, not just attend.

I feel blessed to make this commitment to the people of GCC and my family.

Thank you for the privilege of being members of "our" church.

#### **Welcome New Members**

The following New Members were welcomed at our 10:30 worship service on February 15th.

Lisa Leger & Jim Chiappetta Sara & Greg Eggleston Trish & Adam Herakovich Mary & Richard Reuss



#### **Small Group Ministries**

Last chance to register for March small groups. Rev. Dr. Howard Roberts will offer a Lenten Bible study on Thursday evenings beginning with a soup supper. Rev. Dr. Pam Keckler and Marilyn Belleau, Parish Nurse, will offer a small group to discuss women in the Bible on Tuesday mornings. Elizabeth Ciccolini, Director of Youth Ministries, will offer a small group on Wednesday evenings for high school juniors and seniors to talk about what comes after high school. On Wednesday evenings, Rev. Sally Iberg will lead a discussion of Robert Schnase's book, "Five Practices of Fruitful Congregations." You may register through February 22 at Fellowship Hour following worship. You may also register by stopping by or calling the office at 847 724-2210 or going to our website: www.gccucc.org. For more information, contact Rev. Sally Iberg at sally.iberg@gccucc.org or 847 724-2210 x 23.

#### **Adult Education**

Sundays 9:30 am in the Chapel

#### February 22

"Huck Finn, Hamlet, & the Apostle Paul". One, repulsed by the hypocrisies of our civilization, fled first South and then West. One, trapped by his pledge to exact murderous revenge, battled his conscience repeatedly and torturously. And one, seeking to lead others to lives of faith, addressed with disarming candor the tug-of-war between the demons and the angels struggling for his soul.

On Sunday, February 22, at 9:30 a.m. in the Chapel, come explore with Allan the resonances within and connections among these three great characters caught in the throes of moral turmoil. For this literary excursion, there is no prior reading, no quiz, no essay exam—and certainly no Cliff's Notes! Textual excerpts will, however, be supplied.

#### **Adult Education Continued**

#### March

In March we will be featuring a theme of hope and peace. Jay Forman from Thresholds will be with us on March 1 discussing mental illness and hope for healing in the homeless. On March 8 Bill Taylor from Hands of Peace will present a discussion of his paper entitled "The Only Road to Peace". Please email Chris Calandra at ccalandra4@comcast.net for a copy of the paper if you are interested in reading it ahead of time.

Finally, Tom Aldrich will present three weeks of Lenten Bible study using the Kerygma series as a resource. This will be a wonderful way to add to our observations of the Lenten season.

Child care is available upon request-please give us 3-4 days notice to arrange for sitting.

**Unemployed?** 

There is help! Career Resource Center offers professional assistance to individuals in employment transition. Services include private advisor sessions, education programs, interview training, reference materials, internet job search training, individualized computer training, computer and other equipment use, networking sessions, employment clearing house. Check out their web page at www.careerresourcecenter.org or phone them at 847 295-5626. They are located in Lake Forest.

#### **Lenten Devotional**

The Lenten Devotional Book written by members and friends of GCC will be available at church on Ash Wednesday, February 25 in the church office.

If you would like a copy mailed to you, please let us know.

#### **Altar Flowers for 2009**

We have open dates for altar flowers for 2009. If you would like to purchase flowers for one or more of the dates listed below, please pick up a form in the church office or Narthex and return it as soon as possible.

#### **OPEN DATES**

March 8, 15, 29 April 5 & 26 May 10 June 7 August 9

September 6, 20 October 11, 18, 25 November 15, 22, 29 December 13



MARK YOUR CALENDARS GCC EASTER EGG HUNT SATURDAY, APRIL 11th Games, prizes, family fun for all!



Attention all knitters and those who want to learn how to knit: The first "class" will begin on Tuesday, March 3rd at 12 noon in Room 5. We are asking experienced knitters to attend and hope to have a one on one lesson for the new knitters. Bring a sandwich, knitting, and questions you may have.

For more information, please call or email Nan Hinchsliff at 847-724-4836 nhinchsliff@aol.com



On February 22 at 4 p.m., bring your favorite Valentine to a concert filled with love! The Chicago Early Music Consort will perform beautiful 17th-century Italian love songs in a concert called "Per Amore".

Warm-up to the passionate music of Monteverdi, Strozzi, Legrenzi and Scarlatti, performed as it was originally intended by Stephanie Sheffield, soprano; Gary Berkenstock, recorder; Joel Spears, theorbo and Phillip W. Serna, viola da gamba. For more information, visit www. ChicagoEarlyMusicConsort.org or phone 847.296.4829.

There is a \$15 suggested donation per adult. All proceeds will be donated to the general operating fund of Glenview Community Church.

#### **TIPS FOR**



#### **Healthy Weight Loss**

#### Reduce your intake of calories.

I know this is no big news, but counting calories, limiting quantities, and restricting certain foods do lead to success. Consume most of your calories earlier in the day.

#### Be more active - much more active!

The USDA says it takes 30 minutes of exercise to lower your risk of chronic disease, 60 minutes to prevent weight gain, and 60-90 minutes to help with weight loss.

#### Eat breakfast.

Weigh yourself daily or weekly, ----just do it regularly.

**Drink water (or brewed tea) before you give in to an unscheduled snack.** In fact, drink water any time!

#### Close down the kitchen after dinner.

Buy smaller quantities of your favorite temptations.

Eat 4 or 6 smaller meals each day to curb a big appetite.

**Get plenty of protein, the ultimate fill-me-up food.** It also helps preserve muscle mass and encourages fat burning. Healthy proteins like lean meat, yogurt, cheese, nuts, or beans can actually help you lose.

Have healthy, ready to eat snacks on hand.

#### Limit starches such as pasta and bread.

Losing as little as 10 to 20 pounds can lower your risk of cancer, type 2 diabetes, heart disease, stroke, obstructive sleep apnea, and other serious ailments. Make it happen in 2009!

#### Prayer:

Mother/Father God, strengthen my resolve to take better care of myself and make healthier choices about eating and exercising. Amen

## NOW'S YOUR CHANCE!!!

## Be More Active! Pilates Classes at GCC

Pilates Classes will be offered here in the church by Coach Yvonne Bennett, a Stott Certified Pilates instructor and AFAA certified personal trainer/fitness consultant.

We will meet in Room 201 at 7:00 PM on Tuesdays March 17, 24, 31, April 7, 21, 28 (skipping April 14).

#### Pre-registration is required

(forms in church office) – return to Marilyn's mailbox

Cost for 6 week session is \$75.00 Questions? Call Marilyn Belleau, Parish Nurse, 847-724-2210 ext. 30 or email instructor at yvonne@allbennetts.com.

#### **Confirmation News:**

How are you coming on your service projects and worship reflection sheets? All 8th grade reports must be turned in by Easter Sunday, April 12. There are many opportunities to complete this requirement. If you need help, contact Rev. Keckler.

#### **Eighth Grade Classes**

The 8th grade classes will all meet together on Sunday evening, February 22 from 5-8 p.m. for the annual "Confirmation Survivor Night." PYF will help in leadership roles that evening as well. Did we mention pizza and ice cream sundaes?

#### **PYF**

February 22 4-6 p.m. Youth Room

Rev. Dr. Howard Roberts will join us for our discussion about our relationship with God. He will stay for open gym, (knock out), and open youth room.



#### **Pastoral Care**

We offer our prayers and sympathy to Patti Schlichting and her family on the death, February 2, of her father, Henry Wester.

We offer our prayers and sympathy to Edward Bradley and his family on the death, February 11, of his wife, Jane. A memorial service was held at GCC on Monday, February 16, at 10 AM.

### Glenview COMMUNITY CHURCH

1000 Elm Street

Glenview, IL 60025-2897

Phone: (847) 724-2210 Fax: (847) 724-2213 E-mail: gccucc@gccucc.org

#### Office Hours

Monday - Friday 8:30 am - 4:30 p.m.

#### Ministerial Staff

Rev. Dr. Howard Roberts, Senior Minister

Rev. Dr. Pamela Keckler, Minister for Spiritual Formation

Rev. Sally Iberg, Minister for Mission and Ministry

#### **Directors:**

Marilyn Belleau, RN, Health Ministry Kathy Lifton, Children's Ministry Elizabeth Ciccolini, Youth Ministry Linda Binaei, Member Engagement Debby Shellard, Children's Choirs Gary Wendt, Organist, Instrumental Music Andrew Lewis, Adult Choir

#### **Affiliates:**

Marcia Kiraly, *Director, GCC Nursery School* Barbara Thewis, *Manager, Resale Shop* 

## At A GLANCE

	Thurs	9:00 am	Resale Shop, Plymouth Rm until 5:00 pm
	2-19	6:15 pm	Bell Choir Rehearsal, Bell Rm
		6:30 pm	N. Suburban Day Care, Mayflower Rm
		7:00 pm	Troop 156 Patrol Leaders, Founders Rm
		7:00 pm	HOP Committee Mtg., Parlor
		7:30 pm	Chancel Choir Rehearsal, Choir Rm, Sanctuary
	Fri	9:00 am	Resale Shop, Plymouth Rm until 1:00 pm
		6:30 pm	Cub Scout Pack Mtg., Mayflower Rm
	2-20	8:00 pm	Al-Anon Mtg., Rm 201
	_	8:00 pm	AA Mtg., Parlor
	Sat	9:00 am	Resale Shop, Plymouth Rm until 1:00 pm
	2-21	9:00 am	Men's Open Gym, Gym
		1:30 pm	CEMC Rehearsal, Sanctuary
1	Sun	8:30 am	Sunday School, Room 105
	2-22	9:15 am	Fellowship Hour, Mayflower Rm
		9:30 am	8th Grade Confirmation, Various Rms
		9:30 am	7th Grade Confirmation, Plymouth Rm
		9:30 am	Adult Education, Chapel
		9:30 am	Membership Board Meeting, Rm 7
		9:30 am	Ushers Meeting, Transept
J			

9:45 am Voices & Primary Rehearsal, Rm 201

Sun	10:15 am	Confirmation Closing Prayers, Plymouth Rm
2-22	10:30 am	Sunday School Gathering, Rm 201
	11:30 am	Leadership Committee Mtg., Founders Rm
	4:00 pm	Voices of GCC, Rm 201
	4:00 pm	PYF Gathering, Youth Rm
	4:00 pm	Chicago Early Music Consort, Sanctuary
Mon		no scheduled meetings
2-2	3	
Tues	11:30 am	Chapter 8 Meeting , Founders Rm
2-2	.4 6:30 pm	n Operating Committee, Mayflower Rm
	7:00 pm	Executive Board Mtg., Mayflower Rm
Wed	6:00 am	Ash Wednesday, Sanctuary
2-25	9:00 am	Resale Shop, Plymouth Rm until 1:00 pm
	6:00 pm	Girl Scout Mtg., Mayflower Rm, Gym
	6:30 pm	BSA Troop 156 Mtg, Gym, Mayflower Rm
	7:00 pm	Venturing Crew, Rm 210
	7:30 pm	Ash Wednesday Service, Sanctuary

Not for profit Organization

US POSTAGE PAID

Glenview, IL Permit NO. 41

#### Broadcaster **DEADLINE**

Please submit all articles by 9:00 am, Wednesday, one week in advance to publishing via email at tania.mccarthy@gccucc.org